

DAYS PRING



A Bahá'í Magazine for Children

Issue 98

Dayspring

Produced under the auspices of the National Spiritual Assembly of the Bahá'ís of the United Kingdom

Dayspring is produced three times a year on an educational non-profit basis and seeks to nurture a love for God and mankind in the hearts of children. Material by children and adults of stories, plays, poems, artwork and news is warmly welcomed. Please note that under the terms of the Child Protection Act regarding publishing images of children, permission to do so is required from a parent or guardian.

Dayspring Team: Jackie Mehrabi & Maggie Manvell (editors), David Merrick (web-master), Janet Fleming Rose (proofreader), Helena Hastie (distributor).

Free Copies:

Free copies are automatically sent to registered Bahá'í children aged 5-12 in the UK. If your child is not registered and you wish them to be, please notify the National Spiritual Assembly of the Bahá'ís of the United Kingdom, email: nsa@bahai.org.uk. Free copies can also be sent to children who are not registered with the National Spiritual Assembly of the UK on the request of a Bahá'í parent; likewise children of Bahá'í pioneers from the UK who are living abroad and teachers of Bahá'í-inspired children's classes in the UK. For these requests, please contact: dayspring@bahai.org.uk

Subscriptions: Contact Bahá'í Books UK, as follows:

For UK and Europe: <http://www.bahaibooks.org.uk>

For all other countries: books@bahai.org.uk

Other Enquiries: *Dayspring* can be contacted either by email: dayspring@bahai.org.uk or via the website: www.dayspring-magazine.org.uk

Printers: Printsmith, Fort William, Scotland, PH33 6RT.

Contributors:

Kathy Liebman: p. 27

Maggie Manvell: pp. 5-8, 10, 12-15, 17, 19, 20-21.

Monika Ahlkvist Mackenzie (artist): pp. 11, 16. From "Leaves of Wisdom" Bahá'í Colouring Books.

Jackie Mehrabi: pp. 9, 18, 28-29.

GSP Clipart used with permission.

P. 9: Illustration: A street scene in 'Akká, c. 1914: Copyright © Bahá'í International Community.

P. 22-23: Song—oral tradition.

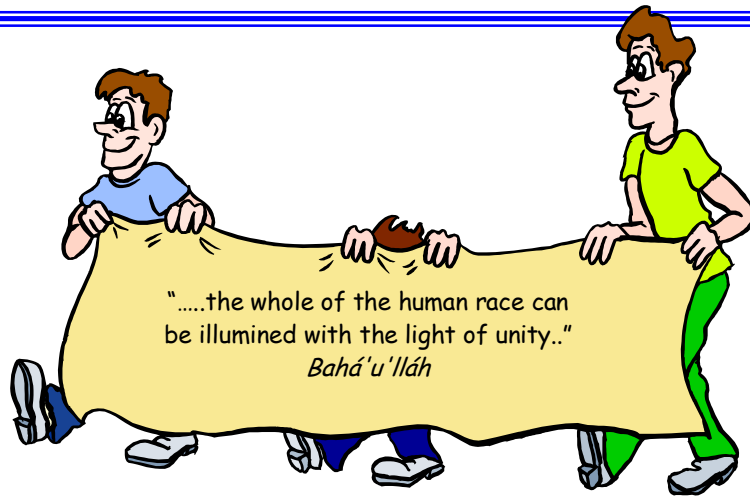
P. 28: Illustration: The Most Great Prison: Copyright © Bahá'í International Community.

P. 29: Illustration: The 'Akká Aqueduct: Copyright © Bahá'í International Community.

FREE

***Dayspring* can be downloaded free
for personal and educational use from
www.dayspring-magazine.org.uk**

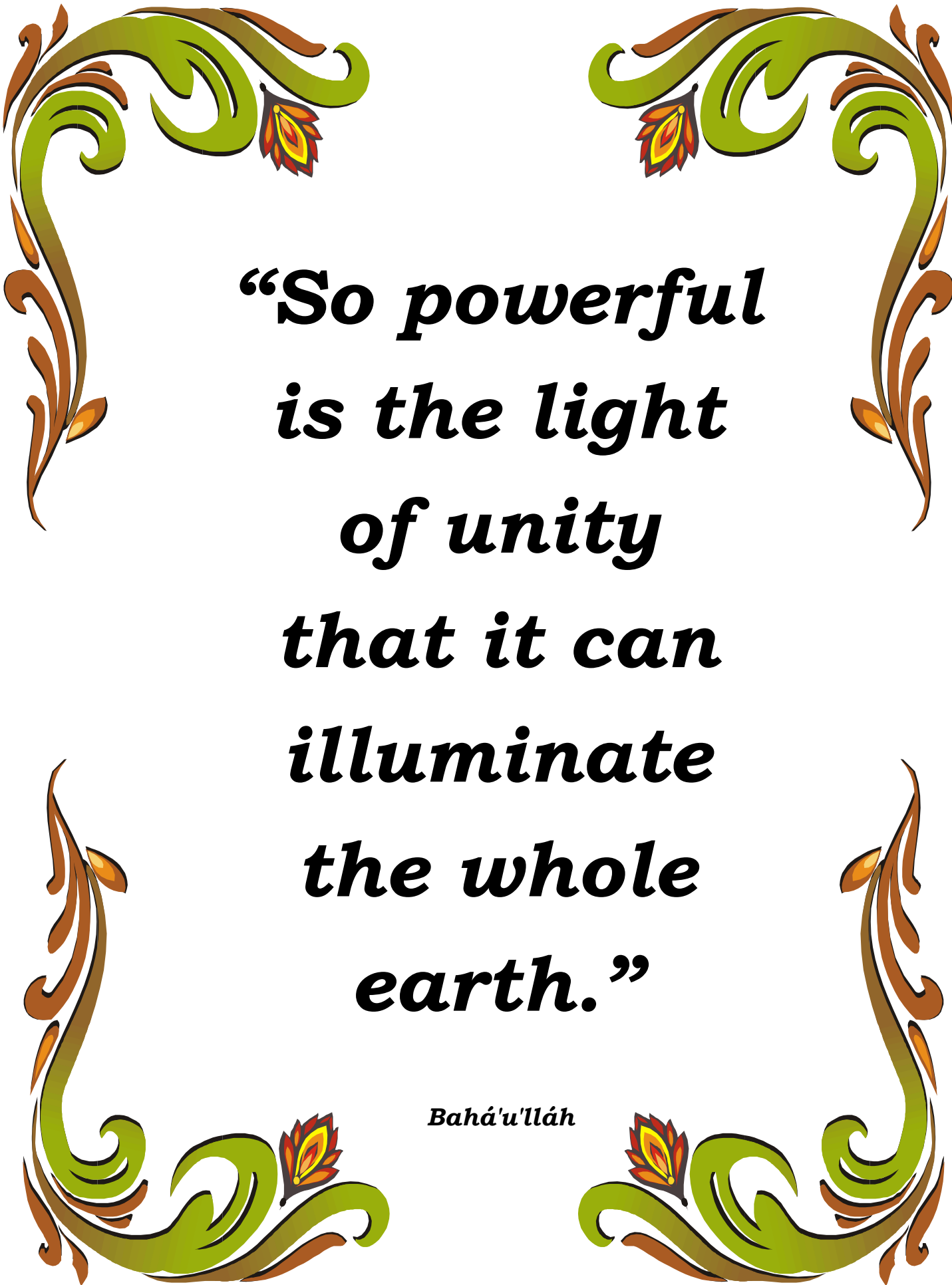
**November 2017 — February 2018
Issue 98**



Contents

The theme of this issue is Unity

Quotation	(4)
The Three Great Truths	(5)
The Golden Rule	(6-7)
Golden Rule Activity	(8)
Meeting 'Abdu'l-Bahá—Serving Others	(story) (9)
A Great Truth to decode	(puzzle) (10)
Poster to colour	(11)
Two Messages from 'Abdu'l-Bahá	(puzzles) (12-13)
What does it mean?	(14-15)
We are flowers....	(colouring activity) (16)
Make a big picture	(art activity) (17)
Fingers of one hand	(story) (18)
Make finger puppets	(craft activity) (19)
The Mixed-up Garden	(story) (20-21)
We are Drops	(song) (22-23)
The Colours of the World	(story) (24-26)
Rainbow Dreams	(poem) (27)
The Aqueduct	(story of Bahá'u'lláh) (28-29)
Quiz	(30)
Answers to puzzles and quiz	(31)

A decorative border with green and brown swirling patterns and small yellow and red flowers, framing the central text.

***“So powerful
is the light
of unity
that it can
illuminate
the whole
earth.”***

Bahá'u'lláh

Three great Truths

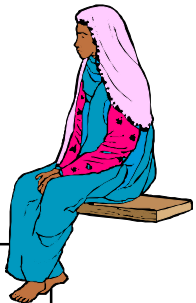
that Bahá'u'lláh taught

"There is one God"



"mankind is one"

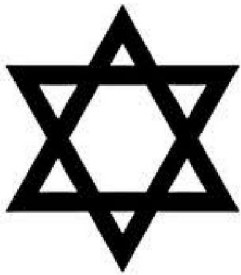
"the foundations of religion are one"



The Golden Rule

All the religions have taught this one basic truth — that we should treat others in the same way we would like to be treated. This is what it says in some Holy Books.

Judaism



"What is hateful to you do not do to your fellow man."



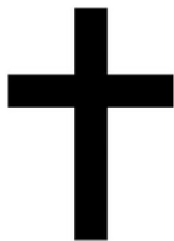
Islam



"Not one of you truly believes until you wish for others what you wish for yourself."



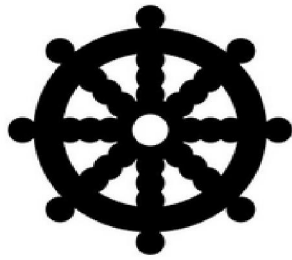
Christianity



"Do unto others as you would have them do unto you."

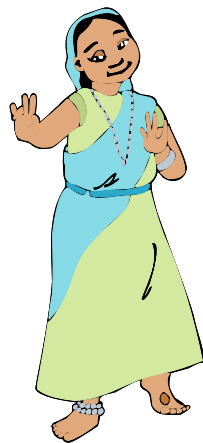


Buddhism



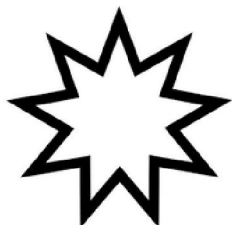
"Treat not others in ways that you yourself would find hurtful."

Hinduism



"Do not do to others what would cause pain if done to you."

Bahá'í Faith



"Lay not on any soul a load which ye would not wish to be laid upon you, and desire not for any one the things ye would not desire for yourselves."




What would you do if you were following the golden rule?
Join the boxes that go together.



Your friend is ill.

You know someone is hungry.



Help to clear a path.



Help by setting the table.




An old lady has a heavy bag.




Tell your friend that you care.



Lend him a spare coat.



Share some food.



Help search.

Offer to carry the bag.




Visit to cheer him up.

Your mum is rushing to get the dinner ready.




Your friend is very cold.

Your friend is unhappy.



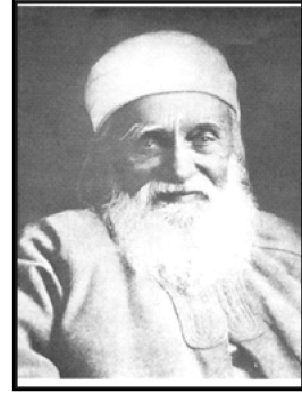
Your friend has lost something.

The pavement's got blocked by snow.



Meeting 'Abdu'l-Bahá

Serving Others



In 'Akká there were many poor people who had no one to look after them, except 'Abdu'l-Bahá. Every winter He bought many warm cloaks to give them. Some of the people were blind or hurt. 'Abdu'l-Bahá would gently put their cloaks round their shoulders and fasten them up. When people were ill He would help them too, and take food and medicine to their houses.

One day He was very busy, so He asked one of the friends to visit a man who was ill. The Bahá'í was very happy to do this and went at once. But when she went into the sick man's house it was so dirty, and there was such a horrible smell that she quickly left and came back to tell 'Abdu'l-Bahá how bad it was.

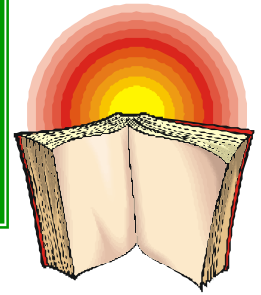


'Abdu'l-Bahá looked very sad and stern. He said that He had been many times to that house. Couldn't she go just once? If a house was dirty she must clean it, if someone was hungry she must give him food.

If we want to serve God, said 'Abdu'l-Bahá, then we must serve each other.

People on a street in 'Akká years ago.

One of the Great Truths
given to the world by Bahá'u'lláh.
Can you work out what it says?



٢ ٢ ٩ ٢ ٣ ٠ ٦ ٩ ٦ ٢ ٣ ٣

 ٠ ١٠ ٦ ٥ ٢ ٦ ٢ ٩ ٦ ٤

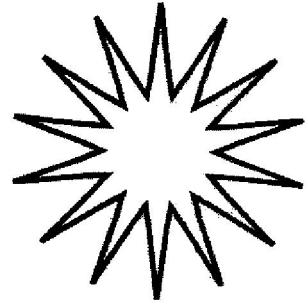
 ٠ ٢ ٠ ١٠ ١٠ ٣ ٤ ٢ ٦ ٢ ٣ ٣ ٣

 ٩ ٢ ٣ ٠ ٠ ٦ ٥ ١٠ ٧ ٩ ٣ ٥ ٢

 ٠ ٥ ٠ ٦ ٢ ٤ ٠ ١٠ ٠ ٢ ٥ ٢ ٢.



٣	٢	٩	٢	٢	٢	٦	٢	٦	٢	٠
a	c	C	d	e	f	F	g	G	h	i
٣	٤	٥	٦	x	٧	٩	١٠	٠	✕	٤
l	m	n	o	O	p	r	s	t	T	x





The earth is but one country.






and mankind its citizens.




Two Messages from 'Abdu'l-Bahá

The  ro  God 2


The g___ o_ G__ t_

 tle en  ened  e



t___ e_____ a__

f  h the kn  edge t  fee



i_ _ _ k _ _ _ o_

the 1 ness ro  kind

___ o_ ___ o_ m _ _ _

h  c  fee the 1 ness

a_ _ o_ _ _ _ o_ _ _ _

t  fee t  eligion.

o_ r _ _ _ _ .

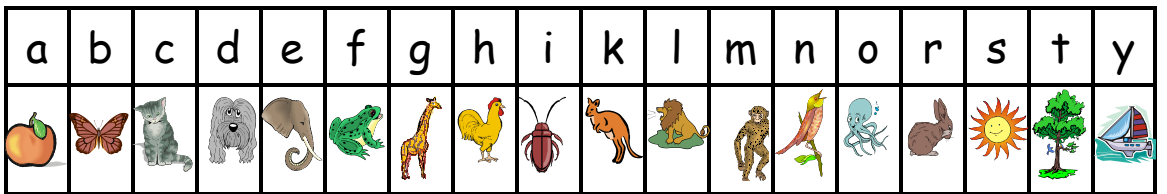
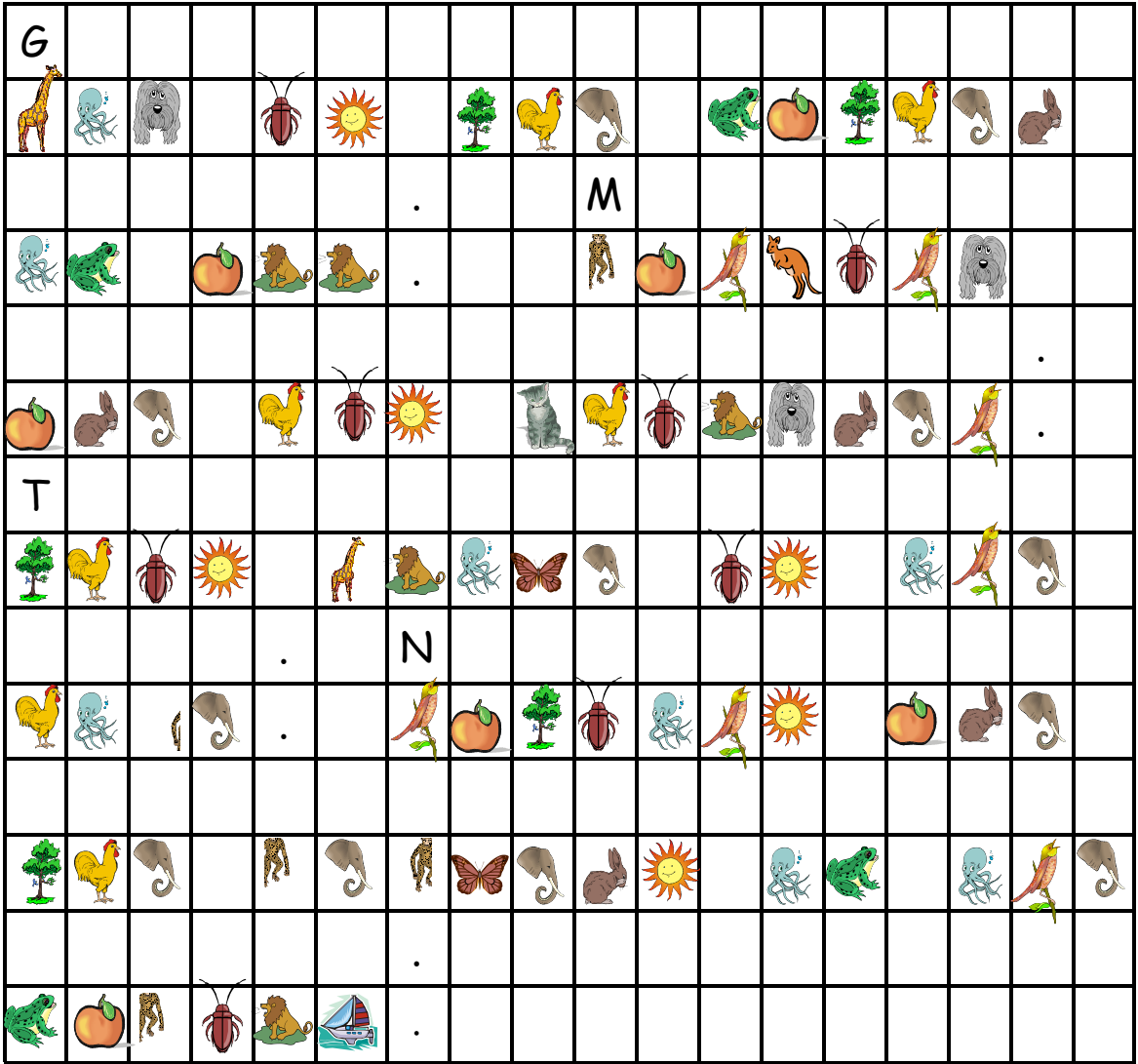
Write the message here:

T___ g___ o_ G__ t_ t___ e_____

a___ i_ t___ k_____ o_ t___

o_____ o_ m_____ a___ o_ t___

o_____ o_ r_____ .



Write the message here:

G _ _ _ _ _ .

M _ _ _ _ _ . T _ _ _ _ _

_ _ _ _ _ . N _ _ _ _ _

_ _ _ _ _ .

What does it mean?

Bahá'u'lláh said:

**"Ye are the fruits of one tree,
and the leaves of one branch."**

This tells us that all the people of the world are like fruits which grow on one tree.

They are all like leaves that grow on the same branch.

All people have been created by the same one loving God.

The gifts of God are for everyone equally.

God loves them all—in the sight of God all people are important.

All the people of the world come from the same root. They are all made by God, and God loves all of them.

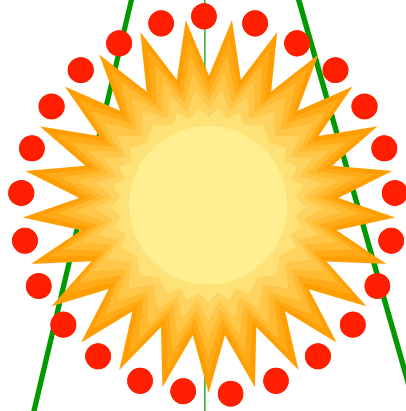
It means that the souls of people everywhere, of people who lived long ago, and of people who will be born in the future, have all come from God.

'Abdu'l-Bahá said:

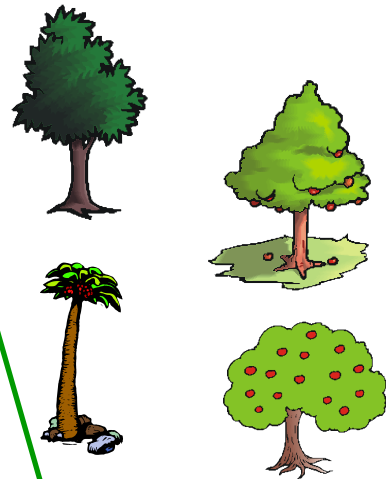
"Ye are all waves of one sea,"



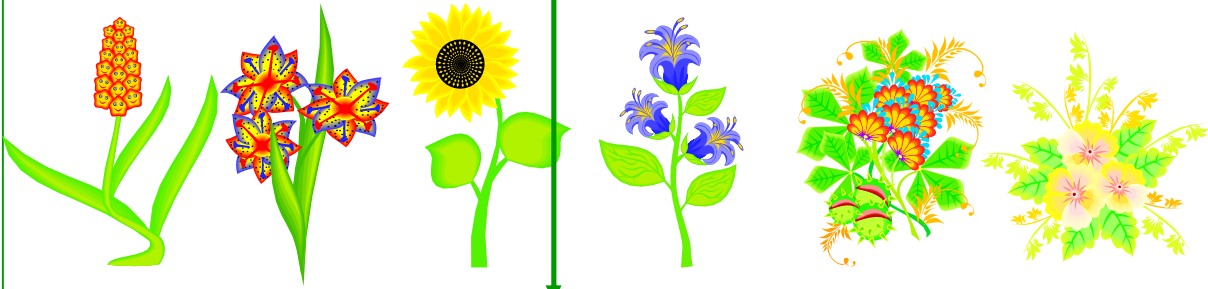
"rays of one sun,"



"trees of one orchard"

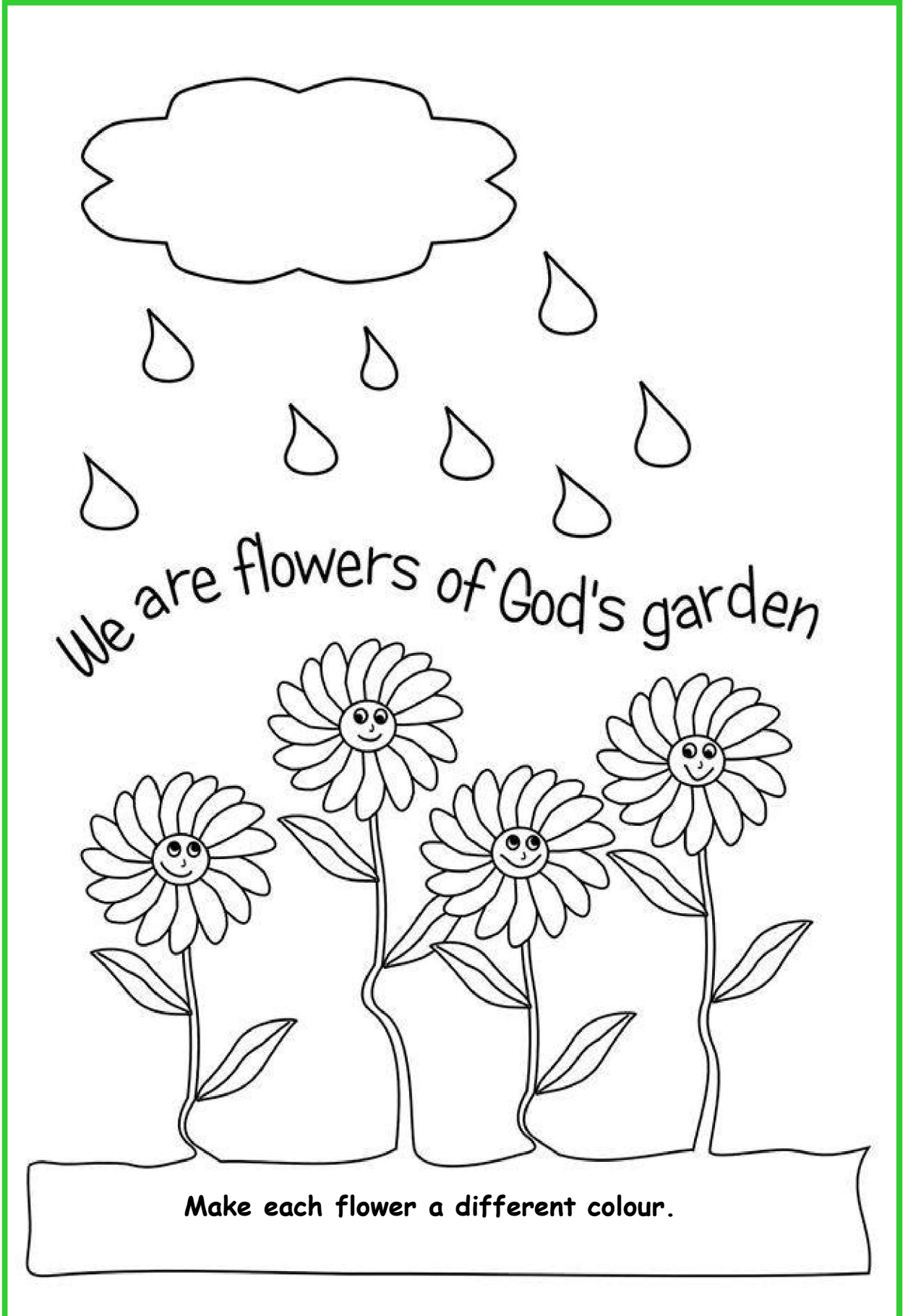


"and flowers of one garden."

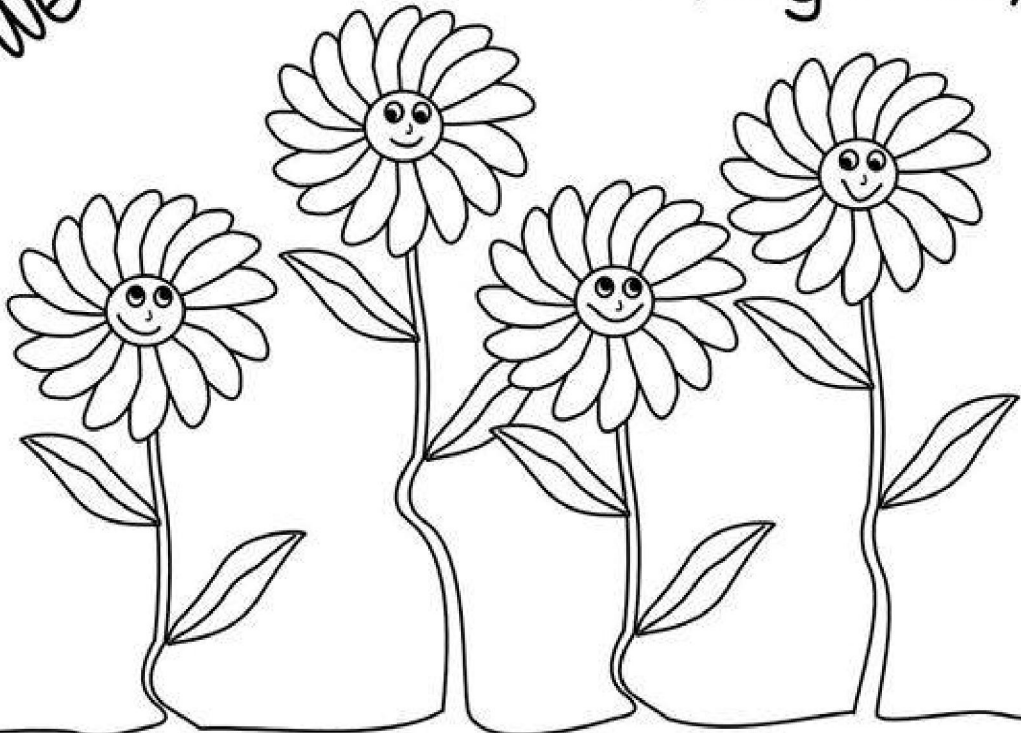


We have all come from the same Creator.
We may look different on the outside,
but we share the same feelings inside.

We all have a soul that has come from God.

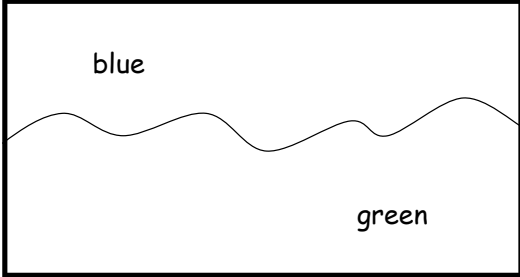
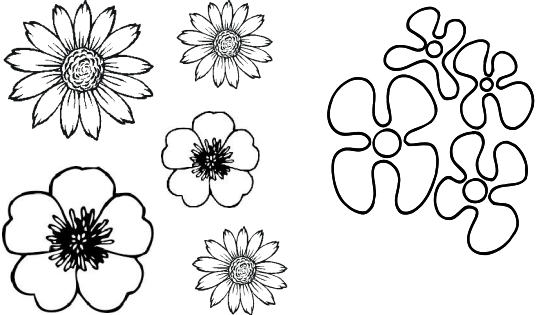
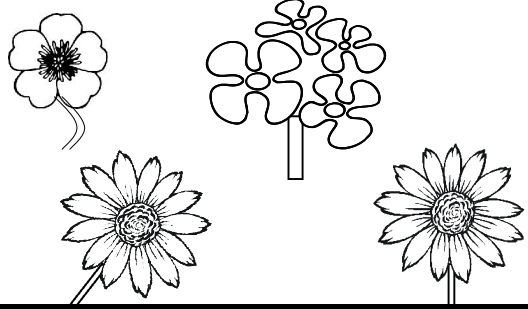
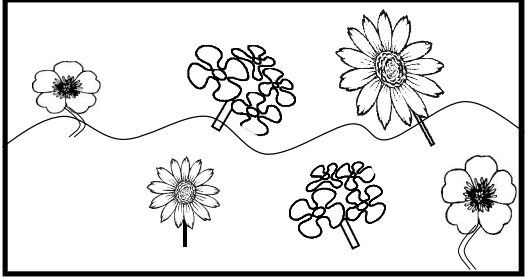
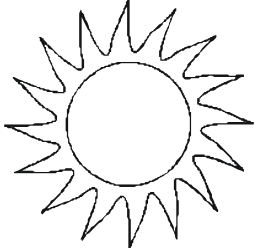


We are flowers of God's garden



Make each flower a different colour.

Make a big picture with lots of different flowers

<ol style="list-style-type: none"> 1. Take a large piece of paper. 2. Draw a wavy line across the middle from side to side. 3. Paint above the line blue. 4. Paint below the line green. <p>(If you don't have a very large piece of paper, ask an adult to help you stick smaller ones together.)</p>	
<ol style="list-style-type: none"> 5. On other pieces of paper or card, draw 3 or more different flower shapes. 6. Draw lots more, and make them different sizes. 7. Cut them out. You don't have to be exact. 	
<ol style="list-style-type: none"> 8. Use lots of different colours to colour in your flowers. 9. Decorate them with any pretty things you have. 10. Use glitter if you have any. 11. Add sticks, or pipe cleaners or bits of wool to look like stems. 	
<ol style="list-style-type: none"> 12. Use glue to stick your flowers all over the big picture. 13. The more different ones you stick on, the more interesting and colourful it will be. 	
<ol style="list-style-type: none"> 14. Make a big title to go above your picture saying: 15. "Ye are all flowers of one garden." 16. Hang your picture on the wall or on a door. 	

The Fingers of One Hand

One day the fingers of a hand noticed that Thumb was a bit different from them. They were long and slim, but Thumb was short and strong and stuck out on one side all on his own. They said unkind things to him, saying they did not need him anymore. Thumb became so sad he stopped working altogether.

The fingers decided they wanted to draw a picture. But when they tried to pick up a pencil they kept dropping it because they were unable to hold it properly without the help of Thumb. And when they tried to write their names, the pencil wobbled all over the place and they could hardly read what they had written. They could not even tie the shoe laces of the little boy they belonged to.

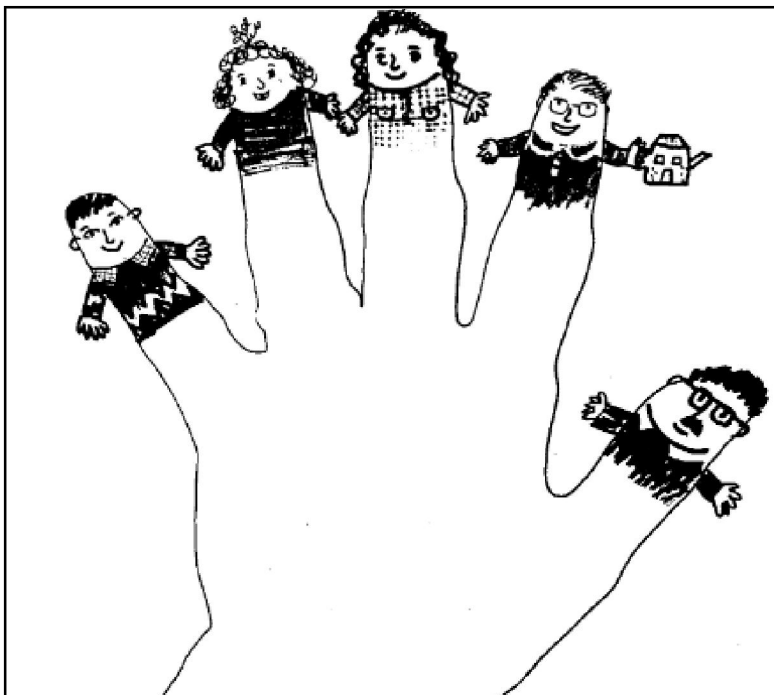
Everything they tried to do was more difficult, and sometimes impossible, without the help of Thumb. The fingers ached with the effort of trying. They felt very sorry they had been so bad to him.

"We need Thumb," said the first finger.

"He is very useful," said the second.

"With his help we can do more things," said the third.

"I miss him," said the little finger, and a tear dropped down her face.



They said sorry to Thumb for being unkind to him and they all became happy and united again. And because they were united they were able to do all kinds of wonderful things.

***Bahá'u'lláh said:
"Be ye as the fingers
of one hand. . ."***

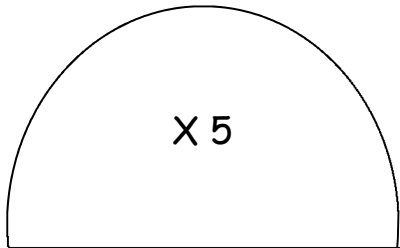
Make some Finger Puppets

You will need:

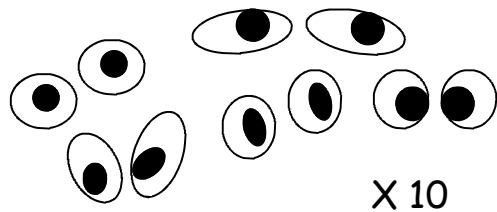
Strong paper or fine card.
Scissors.
A ruler.

Coloured pencils or felt tips.
Scraps of knitting wool, string or cotton.
Glue.

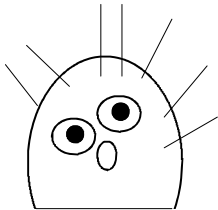
1. Draw 5 basic shapes like this:



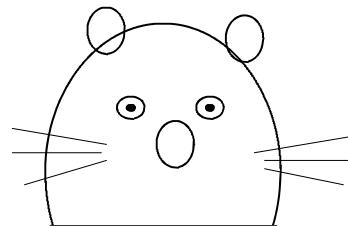
2. Draw different shaped eyes on each:



3. Cut small pieces of wool or string and glue them on the head. Make each one different.



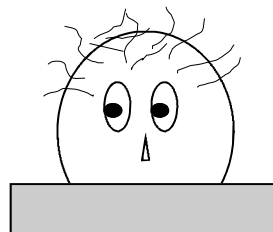
4. Cut out ears and stick on.
5. Draw on eyebrows, noses, mouths and glue on wool whiskers. Add a hat, glasses or a moustache.



6. Use a pencil and ruler to cut out 5 rectangles of card or paper. Make them long enough to fit round your fingers when glued together at the back.



7. Stick each puppet on a card rectangle.
8. Wrap the rectangle round and glue at the back.
9. Slip it gently onto your finger.





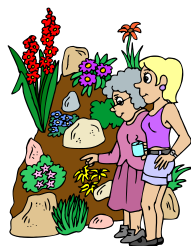
The Mixed-Up Garden

There was once a gardener who was very good at making beautiful gardens. He was getting older and he knew the time was coming when he wouldn't be able to dig or plant any more. He decided that, before that time came, he would try to make the most beautiful garden he could, and give it to the townspeople.

He thought long and hard about what he could plant in his garden. Once, long ago, he'd made a wonderful rose garden, beautifully perfumed and with acres of roses. It was very lovely. And another time he'd made a water garden for a very rich man. That garden had been lovely too, with water lilies, reeds and lakeside flowers. One of his favourite gardens had been planted with sunshine-yellow flowers. It was very bright and cheerful. Another had been in woodland, with bluebells, anemones and many woodland plants. Each garden he'd made had been more beautiful than the one before. But now he wanted to make one that everyone would love more than any other. What kind of garden should it be?

He thought and thought, but could not decide.

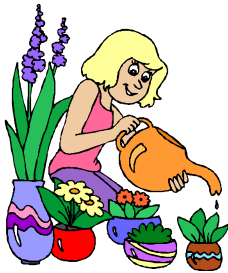
"I know," he decided one day, "I'll ask people what they would like best!" But this wasn't very helpful because everyone had a different idea. One lady said she would like a garden that smelled nice for her blind granny to enjoy; a little girl said she'd like it to be a place for picnics; some people said they would like trees to sit under, and a small boy wanted a pond to sail his boat. One old man said he liked bushes that were cut into animal shapes.



"Oh dear!" sighed the gardener. "I've never made such a mixed-up garden. I'd like to please everyone, but if it had all these different things in it, would it be a beautiful garden? Or would it just be a muddle?" He thought and thought. "What kind of plants would be needed to suit such a mixed-up garden? They would all need to be different: pond flowers, woodland flowers, meadow flowers, perfumed herbs, bushes, trees. . . it made him feel quite giddy trying to think of all of them at once.

Just as he was thinking he would have to give up his idea a group of youngsters came to see him, because they'd been thinking too.

"We've been growing lots of different plants," they said. "You could put them in the new garden—and if the garden is for everyone, we could all help to make it."



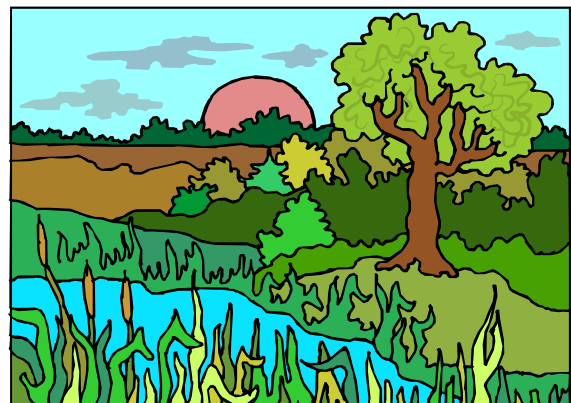
The gardener still wasn't very sure about this. But he thought, "Well—these young people are the ones who will be enjoying it in the future. We could try."

Lots of people from the town saw what they were doing and offered to help. The gardener was so surprised—he'd never had help like this before. Everyone had different ideas, and he had to think very hard about how they could all be included in the garden.

For a whole year the townspeople worked at making their new garden. The gardener wasn't sure this was a good idea, because it was so mixed-up. It was not what he'd had in mind at all.

But when the next summer came, and the plants were flowering, even the clever gardener was surprised. Every single plant looked more colourful and beautiful because of the different ones around it. The pond shone in the sunlight, the trees cast areas of light and shade and the garden was filled with people having picnics, playing and resting under the trees.

"Well!" thought the gardener. "This really is the most beautiful garden of all."



We are Drops of one Ocean

(An echo song)



(echo) (echo)

We are drops (We are drops) of one o - cean (of one o - cean)
 We are flowers (We are flowers) of one gar - den (of one gar - den)
 All the earth (All the earth) is one coun - try is one coun - try

9 (echo) (echo)

We are waves (we are waves) of one sea (of one sea.)
 We are leaves (we are leaves) of one tree (of one tree.)
 Man is one (man is one) can't you see? (can't you see?)

17 (echo) (all)

Come and join us (come and join us) in our quest for un - i - ty.

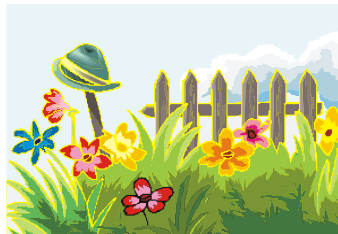
25

It's a way _____ of life for you and me!



- Leader: **We are drops** (make dripping actions with fingers)
 (Echo): *We are drops*
 Leader: **of one ocean.** (waving movements with right arms)
 (Echo): *of one ocean.*
 Leader: **We are waves** (waving movements with left arms)
 (Echo): *We are waves*
 Leader: **of one sea.** (hold up first finger)
 (Echo): *of one sea.*
 Leader: **Come and join us** (beckoning signs with hands)
 (Echo): *Come and join us*
All together: In our quest for unity.
It's a way of life for you and me. (point at others, then at yourself)

2. Leader: **We are flowers** *(draw flower shape in air)*
 (Echo): *We are flowers*
 Leader: **of one garden** *(hold up both palms to face room)*
 (Echo): *of one garden.*
 Leader: **We are leaves** *(draw leaf shape in air)*
 (Echo): *We are leaves*
 Leader: **of one tree.** *(hold out arms like branches)*
 (Echo): *of one tree.*
 Leader: **Come and join us** *(make beckoning signs with hands)*
 (Echo): *Come and join us*
All together: In our quest for unity.
It's a way of life for
you and me. *(point at others, then at yourself)*



3. Leader: **All the earth** *(wave arm across body)*
 (Echo): *All the earth*
 Leader: **is one country.** *(wave other arm across body)*
 (Echo): *is one country.*
 Leader: **Man is one.** *(hold up first finger)*
 (Echo): *Man is one.*
 Leader: **Can't you see?** *(shade eyes and look round)*
 (Echo): *Can't you see?*
 Leader: **Come and join us** *(make beckoning signs with hands)*
 (Echo): *Come and join us*
All together: In our quest for unity.
It's a way of life for
you and me. *(point at others, then at yourself)*



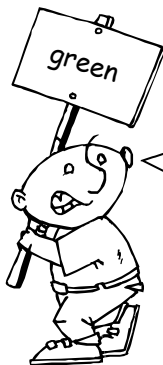
The Colours of the World

(A traditional story)

You can make this story more interesting by making all the characters the right colour.

Once upon a time all the colours of the world started to argue. Each one of them claimed to be the best, the most beautiful and the most useful. Each colour thought he was the one that everyone liked most.

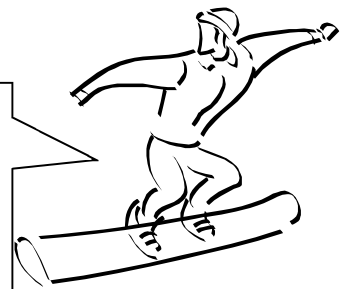
Green said:



"I am the most important colour. I am the sign of life and hope. I was chosen for grass and trees and leaves. Without me, the animals would have nothing to eat. Look at the land all about. You will see me everywhere."

Blue interrupted:

"You're only thinking of the land. But look at the sky and the sea. The blue sky is everywhere above us. And all the water is blue. Water is the basis of all life. We couldn't live without it."



Yellow laughed.



"You are both so serious! I am the colour of fun. I bring sunshine and warmth and happiness into the world. The sun is yellow; the moon is yellow; the stars are yellow too. Look at the sunflowers, and daffodils and dandelions. They make everyone smile. Without me there would be no fun."

Orange joined in the argument.



"I am stronger than you. When my beauty fills the sky at sunrise and sunset everyone forgets about you. And I am the colour of health and strength. Think of carrots, oranges, mangoes. I carry the vitamins that give you strength and everyone needs me."

Red could stand it no longer, and joined in:

"I'm the ruler of you all. I'm the colour of the blood that keeps you all alive and I'm the strongest colour of all. The most beautiful flowers have my colour: roses and poppies."



Indigo spoke, more quietly than all the others:



"You all feel very important, but you've forgotten about me. I'm the colour of peace; the colour of deep reflection; of thought and of the far distant mountains. Without me you wouldn't do very much at all."

Purple rose up to his full height. He was very tall and important-looking.

"I am the colour of kings, of bishops, and of chiefs. They have all chosen me for their most important robes. I am such an important colour that everyone obeys me."



The colours were all talking at once and they became so noisy none of them could be heard. But suddenly there was a flash of lightning and a great roll of thunder. **Rain began to speak in a very loud voice:**

"You foolish colours! You're fighting among yourselves—each of you thinking you're best. Don't you know that each one of you was made to be different from the others? No one of you can do the jobs the others do so every one of you is very important. Each one of you is very much needed. Now join hands with one another."



The rain continued:

"From now on, when it rains, join together and stretch across the sky for everyone to see. Together you will look very beautiful, and everyone who sees you will remember that we can all live in peace and friendship. You will be a rainbow. A rainbow is a sign of hope."



Rainbow Dreams

by Kathy Liebman

1

Blue melts to purple,
purple to red,
Folds into yellow and
it's orange instead.
In between colours,
a myriad hues,
Amber and chartreuse,*
pink and violet blues.



2

Rainbow colours, what a sight.
Oh how happy when
colours unite!
Dreams of rainbows fill
the night.
Brighten the world with
unity's light.



3

Red, black and yellow,
brown and white and tan
All lovely colours in the
rainbow of man.
One sky above us and
one Earth below,
We are all part of a
human rainbow.

4

Rainbow colours, what a sight.
Oh how happy when
colours unite!
Dreams of rainbows fill
the night.
Brighten the world with
unity's light.



(*Chartreuse is a colour halfway between yellow and green.)

A Story of Bahá'u'lláh

The Aqueduct

When Bahá'u'lláh was sent to the prison city of 'Akká it was not a good place to live. Rubbish floated on the sea and piled up along the shore and under the thick stone walls that surrounded the city. Bahá'u'lláh and the Bahá'ís were imprisoned inside these walls. Hundreds of poor people who lived in the town fell ill every year because of the dirt and diseases.



After Bahá'u'lláh's arrival in 'Akká something very strange happened. The stream of water in the sea which was bringing in all the rubbish gradually changed direction. There was no longer any smell and the sea became clean and sparkled in the sunshine.

However, there was another reason why people became ill when they lived in 'Akká. There was no fresh water to drink. The water from the wells was very salty and the rainwater that people collected in winter did not last through the hot, dry summers.

Bahá'u'lláh had not lived long in the prison before the people saw how kind and just He was. Even the guards and the Governor came to love Him. One day the Governor asked Bahá'u'lláh if there was anything he could do for Him. Bahá'u'lláh said there was something that would make Him very happy. It would also help all the people who lived in 'Akká. He asked the Governor to mend an old, broken aqueduct that used to bring clean water to the city.

It took a long time for the aqueduct to be repaired but after several years it was working again. It brought fresh water down from the springs outside the town, through pipes and channels, to flow right into the city of 'Akká.

When the water arrived in 'Akká all the people cheered. Now they had cool, clean water to drink and could wash their clothes and clean their houses properly. They thanked Bahá'u'lláh for this wonderful gift, and one hundred and one cannon shots were fired into the air to celebrate!



The 'Akká Aqueduct after it was repaired.

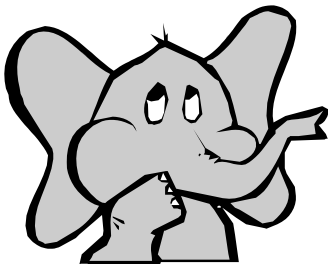
Quiz

All the answers are in this Dayspring



Bahá'u'lláh told us three great truths.

- 1 The first: There is one G.....
- 2 The second: The foundations of r..... are one.
- 3 The third: All m..... belong to the same one family.
- 4 Finish this quotation: 'The earth is but one country and mankind its c.....'
- 5 What is so powerful it can 'illuminate the whole earth'?
- 6 What is 'the Golden Rule'?
- Can you name these major religions?
- 7 J.....ism?
- 8 The B..... Faith?
- 9 Im?
- 10 C.....ity?
- 11 H.....ism?
- 12 B.....ism?
- 13 Which religion has a cross for its symbol?
- 14 Which religion has a six pointed star?
- 15 Which religion has a nine pointed star?
- 16 Who was the Founder of the Bahá'í Faith?



17 What was the name of the prison city where Bahá'u'lláh was sent?

18 Bahá'u'lláh asked for something very important to be rebuilt for the city. What was it?

19 What very big difference did it make to all the people in the city?

20 Who was 'Abdu'l-Bahá?

Answers to Puzzles

- P10: The quotation is: "The Creator of all is One God. From this same God all creation sprang into existence." (Bahá'u'lláh)
- P12: The message is: "The gift of God to this enlightened age is the knowledge of the oneness of mankind and of the oneness of religion." ('Abdu'l-Bahá)
- P13: The message is: "God is the Father of all. Mankind are His children. This globe is one home. Nations are the members of one family." ('Abdu'l-Bahá in *Star of the West*)

Answers to Quiz (P30)

- 1) God 2) religion 3) mankind 4) citizens
5) the light of unity 6) the golden rule is that we
should treat others as we would like to be treated.
7) Judaism 8) The Bahá'í Faith 9) Islam
10) Christianity 11) Hinduism 12) Buddhism
13) Christianity 14) Judaism 15) The Bahá'í Faith
16) Bahá'u'lláh 17) Akká 18) an aqueduct
19) It brought clean fresh water so that every one could wash and
stay healthy. 20) The Son of Bahá'u'lláh.



A Prayer for Humanity

O Thou kind Lord!
Unite all.
Let the religions agree
and make the nations one,
so that they may see each other as one family
and the whole earth as one home.
May they all live together in perfect harmony.

'Abdu'l-Bahá

